

School/Community Wellness Committee

Wednesday, November 17, 2010

Members present: Bryan Yenter, Danette Hopke, Jill Koenitzer, Sarah Anderson, Michelle Steiner, Judi Schindler, Bob Rykal, Hilary Nichols, Ben Wilson

Guests: Fred Bannister, Virginia Biedron, Kolton Ashley, Norm Schindler, Ken Jost

Bryan Yenter called the meeting to order at 5:32.

The agenda was reviewed and approved as written.

Old Business:

Food service survey for students – a draft was presented. The high school students will take a paper version. Third through eighth grade students will take the survey on Survey Monkey. Kindergarten through Second grade will take a modified paper version. The survey will be administered as presented.

New Business:

Proposed dietary parameters – sub-committee report – Proposed dietary parameters were reviewed. The Institute of Medicine proposed changes were reviewed.

Sarah Anderson reviewed the dietary analysis for a week of menus at Chetek-Weyerhaeuser Area School District. She did this utilizing the Meal Analysis Program. The goal will be to complete the analysis prior to serving the meal, so appropriate changes can be made to bring the meal into the dietary parameters.

Professional development has been occurring for the food service staff. Training has generally focused on food safety. Staff members take temperatures of the food and log the temperatures. At Roselawn, temperatures are taken prior to delivery and upon delivery and at service. Thermometers were calibrated at a third-party location. Food management certificates are not required for schools, but Judi Schindler has had taken the food management course.

Nutrition education of school community – A sub-committee was formed to determine skills and strategies to teach the school community about nutrition. Sarah Anderson, Hilary Nichols, Danette Hopke, Michelle Steiner, Bryan Yenter, and Holly Pagenkopf (as a possibility) were suggested.

Michelle Steiner brought samples of breakfast items.

The next meeting is Wednesday, December 22 at 5:30.

The meeting was adjourned at 6:45 PM.